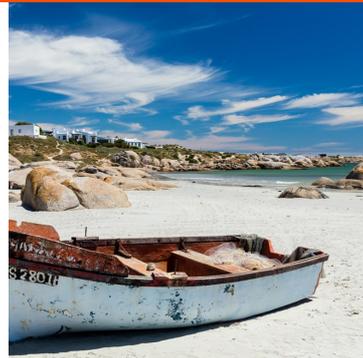


# Adventure Africa Motorcycle Tours

## CAPE TOWN TO PATERNOSTER



The West Coast is a fisherman's haven, famed for their fresh seafood, little coastal villages, relaxed atmosphere and unique Strandveld vegetation. It stretches along the coast from Table Bay to St Helena Bay and is a very sparsely populated part of South Africa. This due to extreme weather conditions, geography and the cold Atlantic. Originally the site identified for Cape Town to be founded in the early 1600's, but not selected due to a lack of fresh water and harshness of the land.

This is a beautiful relaxed drive, with plenty to take in for the day. It is off the beaten track includes stunning coastal, country and open roads. This is a real South African experience.

We start our ride nice and early from central Cape Town and head North making our way along the West Coast of South Africa. We'll stop at Big Bay for a coffee and a magnificent postcard photo of Table Mountain. Our coastal ride then heads for Langebaan, which is a water sports paradise and the gateway to the West Coast NP. We'll enjoy a motorbike safari through the National Park before heading off to the Crown of the West Coast, Paternoster. After a tasty lunch, we head North East to the Berg River to visit Bokkom Alley in ST Helena Bay. This is a must stop as you will get to know the most famous treat along the West Coast, Bokokoms.

On our drive back South we stop in the curious town of Darling, do a stop at a traditional farm stall and enjoy the serenity and beauty of this strange and wonderful part of South Africa.

### Highlights of the Day:

Coastal Roads	Paternoster
Fishing Villages	Farm Stalls
Langebaan Lagoon	West Coast People
West Coast NP	Scenic countryside
The Berg River	Tasty Seafood
Bokkom Alley	Safari, Fauna & Flora

**Distance: 400 km**  
**Duration: Approximately 8 Hrs**  
**Includes: Bike, Fuel, lunch, coffee**  
**Price Per Rider: R 3 000**  
**Price for Pillion: R 1 000**

